

Hands-on Hands

Recommended Materials

Substrate: Two (2) oil primed canvases or canvas panels (please have allowed the oil ground to cure for at least a week if you are priming them yourself) anywhere between 12x16 and 14x18 in size (16x20 is also okay). A medium fine to fine texture is best for our goals in this course. Gessobord is also acceptable. No aluminum, clayboard, or anything smooth.

Brushes: I use primarily Rosemary and Co. brushes but you can use whatever is comfortable for you. My preferred series from R&C are Ivory, Eclipse, and Masters Choice. Generally, you'll want to have a collection of moderately stiff brushes and softer brushes in either flats or filberts, depending on which you usually prefer, in a variety of sizes from around 2 up to about 8 or 10. A rigger or liner brush isn't necessary, but good to bring along if you have one. Here's a link to a list of my favorite brushes if you'd like to order any from R&C:

<https://www.rosemaryandco.com/wishlist/shared/index/code/Ks2z3r7761xsJL6j0EUVu3cYZlrzssvb/categoryId/all/?u=e32016>

Paint:

- Titanium White
- Yellow Ochre or Raw Sienna
- Naples Yellow
- Cadmium Red Light
- Alizarin Crimson or Anthraquinone Red (Madder Lake is also acceptable)
- Transparent Oxide Red or Burnt Sienna
- Raw Umber (Burnt Umber is also acceptable)
- Sap Green and/or Viridian Green
- Ultramarine Blue
- Cerulean Blue

Mediums: Generally bring what you usually use in your studio to thin paint (like Gamsol) and thicken paint (like Liquin). But any thinner and “fattening” oil will be fine as long as they work with your paints.

*****Please no turpentine or mediums with strong odors as some people are sensitive/allergic*****

Drawing:

- A sketch pad and pencil
- Vine charcoal or other acceptable pencil for under oil painting use (please don't use a graphite pencil as graphite tends to come through the finished oil painting over time)

Other:

- Rags or paper towels
- Brush cleaner/containers
- Proportional divider (optional)
- Any other painting materials you usually use in your studio (easels are provided)

Contact: Please feel free to contact me if you have any questions about this course. My email is mlaiuppafineart@gmail.com