



## Workshop: Portrait Painting Instructor(s): Steven Assael

### Materials List

#### ***Assael Painting Materials with Copper 2024***

##### **Choice of supports:**

Sizes: 12x16 or 11x14 are both excellent sizes but not larger than 16 x 20

**Tone your boards/panels in advance.** Tone some boards with a mid-tone red and some with a mid-tone green.

1. [Ampersand Smooth Panels](#) Gesso panels, not clay board. You can get these at Dick Blick. These can be toned with Acrylic Paint and then sprayed with shellac (**please do this before you come**). A very light coat of shellac.

Red boards - tone with acrylic Red Oxide

Green boards - tone with Cadmium Green or Cadmium Green Light mixed with a bit of raw umber or burnt umber (acrylic paint)

Apply a very, very thin coat with Gamsol and wipe it with a rag.

2 . Oil-primed canvas mounted on board  
[Raphael Premium Archival Oil Primed Linen Panels](#)

(More expensive and takes longer to dry)

***Apply a thin layer with a rag with a bit of Gamsol. Keep it thin but not too light in value. Midtone!***

**Red - Red Oxide**

Green - Cadmium Green or Cadmium Green Light mixed with a bit of raw umber or burnt umber.

If you are using lead-primed canvas, do not use acrylic paint on it.

If you want to try painting on Copper:

**K & S Copper is good and can be ordered on Amazon  
6x6, 8x10 or 9 x 12**

*24 gauge or lower, not copper that's too thin*

*The lower the number, the thicker.*

**[Click Here for resources to purchase copper](#)**



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Denatured alcohol

Garlic cloves

Fine grit sandpaper or emery cloth

**Bring an additional, small panel to be used as a palette and a clamp to attach this palette vertically beside your painting.**

Additional small panel

Clamp (found at local hardware store)

**Brushes:** Use long handle brushes for all sizes

Various size brushes, i.e., filberts, flats, and fan brushes.

Various size sable brushes, i.e. filberts, fans

Various rounds can be sable or mongoose; the larger ones can be soft bristles such as Silverstone #12.

Rosemary Brushes can be found online, and they carry a variety of types.

\*recommended are synthetic Comber brushes #2230 and #331

\*Red dot combers

\*Rosemary fans see 105

\*Rosemary Badger series 37

**No paper palettes**

### OIL PAINTS

Titanium White

Flake White (Lead White) (Cremnitz White) (Optional)

Brilliant Yellow Lt or Nickel Yellow Lt. (Rembrandt makes this), or any light, Cool Yellow (Michael Harding) \*optional

Naples Yellow Lt (Winsor & Newton)

Lead Tin Yellow (Michael Harding) \*optional

Cadmium Yellow Lt

Cadmium Orange

Cadmium Red Lt

Yellow Ochre Light

Transparent Golden Ochre (Winsor & Newton)



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Sennelier Brown Pink  
Burnt Sienna  
AlizarinCrimson  
Rose Violet (Holbein) \*optional  
**Transparent Red Oxide**  
Ultramarine Blue  
Prussian Blue  
Kings Blue Light  
Cadmium Green Light  
Viridian Green  
Dioxazine Purple  
Burnt Umber  
Ivory Black

Some soft rags, paper towels

**Medium:**

Cold Pressed linseed oil  
Stand Oil  
Bring some cheap linseed or walnut oil to clean brushes.

Bring four boards, no larger than 16x20.

\*For long poses canvas or boards can be larger, depending on class size

If you do not have something for carrying wet boards, you can check Raymar.com  
<https://www.raymarart.com/collections/wet-painting-carriers/products/painting-carrier-tiered-track-multi-width>