



Workshop: Oil and Watercolor Plein Air Workshop

Instructor(s): Howard Park & Lisa Miceli

Materials List

Howard Park Recommended Supply List

Oil Paint. I use RGH paints, but Rembrandt, Lucas and Gamblin paints are all excellent. No matter what brand you choose always buy the highest quality paints

Howard's limited palette colors: *How I use this limited palette will be explained in the workshop.*

WHITE: I recommend Titanium white, large tubes. Gamblin has a flake white replacement which I recommend. Zinc white is a cool white with strong tinting qualities but can easily make colors get chalky.

BLACK: I use Ivory Black. Not everyone wants black on their pallet so if you don't, don't use it. But if you are willing, I can show you how to make the most amazing greens and browns by using it.

RED: I like Quinacridone Red. It's a strong pure red. Naphthol Red and Venetian Red will work. I don't recommend Cadmiums because they are toxic and lean towards Orange but if you are used to them by all means bring them along.

YELLOW: Hansa Yellow is a pure, semi-transparent yellow.

BLUE: Ultramarine Blue is my recommendation. Ultramarine Blue Deep is also a good choice.

GREEN: Viridian is a transparent green and is used as a modifier.

BRUSHES: Bristle Brushes, even sizes 2-10. I use mostly Filberts, but a couple of flats are good to have. Also, a couple of cheap hardware chip flats.

PALETTE KNIFE AND PAINTING KNIVES: you should have an all-around mixing knife for mixing your paint on your pallet. Painting knives are very flexible and should be used to paint with only. These should be a variety of sizes and shapes.

MISC: Paper towel; Brush washer; Medium cup; Small trash bag; Palette; Easel; and Odorless Turpentine, [thin -X] or Gamsol;

PAINTING MEDIUMS: I use one part linseed oil to one-part Gamsol, or one part stand oil to 4 parts Thin -X.

DRYING GELS: Liquin, or Grumbacher Zec and Lucas 2225 are excellent fast drying gels. These will be used in the final stages of you painting to help build up paint and give it body

If palette knife painting, be sure to have a cold wax painting butter; Dorland's cold wax medium is excellent.

CANVAS BOARDS: 8X10, 9X12 and 11X14 inches are great travel sizes; Panel carriers to protect you wet masterpieces

This is by no means a complete list and you should bring whatever you think you will need.



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LISA MICELI MATERIALS LIST:

Bring all your favorite materials for watercolor painting

Watercolor paper:

Rough or Cold press paper is recommended - minimum of 140lb

Brushes: assorted sizes:

Large wash brush or hake brush

1 1/2" flat - either synthetic or natural bristle

1-inch flat brush

#6 round brush

Colors:

This is my favorite palette, but bring the colors you use and we will work with them:

I use American Journey and Daniel Smith paints:

- Raw sienna
- Cad yellow light
- Yellow ochre
- Alizarin Crimson
- Quinacridone red
- Light red
- Burnt umber
- Ultramarine blue
- Cerulean blue
- Prussian Blue
- Payne's grey

Other Supplies:

Bring your favorite drawing pencils and kneaded erasers for sketching

Small sketch pad

Masking tape

Palette and easel, folding chair

Backing board for your easel

Water container (plastic or metal)

Roll of paper towels

Clips to hold paper